

Rhoberta Shaler, PhD



The
Relationship Help
Doctor

URGENT AND ONGOING CARE FOR COUPLES

"Motivating, inspiring, content-rich, practical. What more could we have wanted?!"
That's just what you will hear when you engage Dr. Rhoberta Shaler to speak to your audience.



Author of
KAIZEN for COUPLES:
Smart Steps to Save,
Sustain & Strengthen Your
Relationship.

"...a ground-breaking approach and valuable insights to unfold love, trust and emotional intimacy."

Rhoberta Shaler, PhD, The Relationship Help Doctor, has helped thousands to see life differently. Over 30 years as a mediator, consultant, counselor, author & speaker, she has assisted people in all phases of life, from those facing death and despair to those seeking solutions to the practical problems of living and working together.

Dr. Shaler inspires and uplifts while sharing practical information and insights that shift relationships at home and at work from acceptable to exceptional.

Keynotes, Breakouts & Half-Day sessions available:

SEX, LIES & CELL-PHONES

Prescriptions for being "other" wise

WHEN YOU'D RATHER RUN:

Rules of Engagement for Difficult Conversations

MONOPOLY, CHESS OR ROULETTE?

Getting Beyond Relationship Games

COMMITTING PRE-MEDITATED PEACE:

How to Escape the Drama of Friction & Frenzy

CIVIL SELF-DEFENSE:

Speaking Up without Putting Down



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Rhoberta.com

RelationshipHelpDoctor.com



AVAILABLE FOR RADIO, TV AND
WEB INTERVIEWS



CALL THE OPTIMIZE CENTER FOR
DETAILS & BOOKING 760.747.8686



Two Enthusiastic Thumbs Up for Rhoberta Shaler, PhD

What clients, colleagues & participants say about Rhoberta...

Rhoberta conducted two seminars for my company and is absolutely the "go-to-person" when it comes to learning specific and proven ways for preventing and dealing with issues such as conflict and anger. She has such a calming influence when helping other. I highly recommend her." - David Greenberg, President & CEO, Simply Speaking, Inc. -- Award-Winning Executive Communication Skills Coaching

Dr. Shaler's humor, gentle presence and powerful message make her presentations a 'must attend.' If you are looking to optimize your company profits and increase effective communication, then make sure you hear Rhoberta." - Ken Foster, CEO, Shared Vision Network

"Dynamic, yet peaceful. [She] really means what she says...being in alignment with herself and the group. Fantastic."

She was a huge hit! Everyone was truly captivated by her, the topic was relevant to our needs and Rhoberta was delightful. She brought excitement and a level of involvement between her and the audience which was perfect..." - Laurie Lewis, President, IAAP, Palomar Chapter

"Very serious business handled with humor and sensitivity. Bravo!"

Rhoberta masterfully gets to the heart of any matter and offers sound, loving, and profound encouragement and advice. With every conversation, every meeting, I walk away always feeling peaceful, that I can go about my efforts whether business or personal, with greater clarity, confidence and ease." - Maria Carter, Producer/Project Manager | Author/Facilitator/Speaker | Mentor to Women & Families

This is a very powerful workshop. I recommend this to everyone no matter what stage of life they are in. This information will stay with me forever." - B. Jones, Integrated Claims Management, Lacey, WA

Rhoberta wowed me over with her warmth and wonderful story telling techniques during her presentation. She had the audience on the end of their seats and touched all our hearts at the same time." - Debbie Allen, International professional speaker, Author of 'Confessions of Shameless Self Promoters'

Thank you for your time and positive energy. Your professional and approachable style is a perfect match for our women. Your marks were 100% 5's—the highest possible." - Lisa Bentzen, Director, SCORE, San Diego

She has a wealth of information and experience, and presents it with regard for the listener and injects enough humor to keep all attentive. She is a pleasure to work with, conscientious and professional. This experiential program was enlightening for each board member individually, and we learned a great deal about each other. I sincerely recommend her." - Bev Abbey, President, BC Association of Clinical Counsellors

"Thank you for helping repair our once-great relationship. We both feel strongly our life is getting back to where it was because of you."
- Jim and Marianne, Madison WI

If you want to take your relationships to the next level of mutual respect, harmony, and productivity you owe it to yourself to give Rhoberta a call." - Chris Allen, Human Factors International, Inc.

"May I take this opportunity to tell you, your advice has had a great impact on my life."

Rhoberta engaged everyone; she brought in humor, trust and creativity in a skillful manner. I highly recommend her to any organization which is seeking to enhance its staff/members and thereby ensure better working relations." - Sam T. Reimer, PhD, RCC, Restoration Counselling Services

What a wealth of great ideas you provided us. We had a GREAT response to your presentation..." - Donna Cameron, CAE, WA Society of Association Executives

Rhoberta is delightful, well-informed, right to the point, challenging and fun. This program is well worth your time and commitment." - Betty Bulen, R.N., Founder, The Elizabeth Hospice, San Diego, CA

Thank you for speaking the words I needed to hear and in a way that I could really understand. You have helped me find my way and given me the tools I need to stay on the path. I have the courage and will to live on and for my purpose now!" - In love and light, Barbara Chase-McKay, seminar participant



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